

The Science-Backed High Performance Habits That Make People Extraordinary



High Performers adopt these six habits:



**Seek
Clarity**



**Generate
Energy**



**Raise
Necessity**



**Increase
Productivity**



**Develop
Influence**



**Demonstrate
Courage**

PRODUCT OVERVIEW

High Performance Habits

Six Deliberate Habits That Give You the Edge

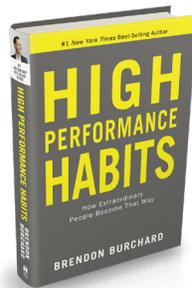
The Ken Blanchard Companies® and the High Performance Institute have partnered to bring you High Performance Habits.

This transformational online course builds on the key concepts in Brendon Burchard's best-selling book *High Performance Habits: How Extraordinary People Become That Way*.

Powerful videos by Brendon Burchard are filled with thought-provoking exercises and real-world daily practices you can implement right now.

Focusing on the Top Six Habits Will Move the Needle

Based on one of the largest surveys ever conducted on high performers, it turns out that just six habits will move the needle in helping you succeed and achieve your personal and professional goals.



Learners will reflect on what high performers do consistently from goal to goal, project to project, team to team, and person to person. Each skill is learnable, improvable, and deployable across all contexts of life.

Whether you want to get more done, lead others better, develop skills faster, or dramatically increase your sense of joy and confidence, this program will help you achieve it.

THE Ken Blanchard
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WHO WILL BENEFIT FROM HIGH PERFORMANCE HABITS?

Everyone who's focused on upping their game in performance and contribution.

All levels in an organization, from the CEO to the new hire.

High Performance Habits shows you what you need to do to achieve your highest potential. It is research-based, immensely practical, and will make a big difference in your life.

—Daniel G. Amen, MD, *New York Times* best-selling author of *Change Your Brain, Change Your Life* and nine other titles

THE PATH TO HIGHER PERFORMANCE

The Learner Journey starts with an assessment based on one of the world's largest high-performance studies ever conducted, with more than 170,000 participants across 190 countries. Participants learn to understand targeted growth opportunities, helping them develop in the areas most critical to their success.

Surveys are provided prior to and following the session to measure progress.

RESULTS THAT MAKE AN ORGANIZATIONAL IMPACT

Implementing High Performance Habits will accelerate development and foster greater organizational well-being.

This program maximizes time and results in the following ways:

- People are focused on moving the needle on critical habits that increase productivity and drive results
- A growth mindset and applied skillset to optimize their health and improve well-being
- A common language and framework on performance so they can show up at their very best and attain mastery
- New skills that will become embedded in your everyday culture

This course is about the art and science of how to practice these proven habits to succeed faster. Anyone can practice them and, when they do, extraordinary things happen in their lives, relationships, and careers.

Support high performance in your organization today!

**Contact your Blanchard Sales Associate
or call 760.233.6725 to get started**

THE KenBlanchard[®]
COMPANIES

Global Headquarters

125 State Place
Escondido, CA 92029 USA

From anywhere: +1 760.489.5005

Within the US: 800.728.6000

Fax: +1 760.489.8407

kenblanchard.com